

M I S S I O N H E A L T H

scope

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Together for Kids

Mission Children's Hospital joins 52 U.S. hospitals to form nonprofit fundraising foundation

Leaders of Mission Children's Hospital have announced their involvement in a new nonprofit foundation, Together for Kids, which will raise funds nationally to help Mission Children's Hospital and other member hospitals to cope with dramatic increases in the health needs of children. Mission Children's Hospital's announcement was in conjunction with a press conference held September 25 at the National Press Club in Washington, DC, for the launch of Together for Kids.

"The children of our region and all across America are facing increasing challenges to their health and well-being – challenges that include the growing numbers of uninsured kids, the steadily climbing statistics on childhood obesity and the staggering toll of accidental injuries," said Susan Mims, MD, medical director of Mission Children's Hospital. "We are delighted to be part of this exciting new initiative and its mission to rally more resources to improve children's health in the U.S."

On hand at the National Press Club event as honorary chair was former NFL star Jason Sehorn. Mr. Sehorn and his wife, actress Angie Harmon, were announced as the Together for Kids' honorary co-chairs. The Sehorns, with two young daughters, want to bring attention to the need for more funding for children's healthcare issues. Joining Mr. Sehorn on behalf of Mission Children's

Hospital were Susan Mims, MD, medical director, Olson Huff, MD, founding medical director, and Bruce Thorsen, president of Mission Healthcare Foundation.

CHILDREN'S HEALTH PROBLEMS INCREASING, FUNDING DECLINING

Dr. Mims pointed to a host of troubling statistics that demonstrate the need to focus more resources on children's health. "Since the 1980s, the percentage of overweight children has jumped from six percent to 17 percent, the number of children with asthma has doubled and the number of uninsured children has risen to more than 11 percent of all kids," noted Dr. Mims.

"While the needs are increasing, funding for children's hospitals is declining," Dr. Mims added. "That's why Mission Children's Hospital is so glad that Together for Kids has been created to support the critical work of children's hospitals in caring for seriously ill and injured kids, and to make a focused effort on the issues of childhood obesity and accident prevention."

Pediatric specialists from the Together for Kids hospitals who make up its Physicians Advisory Committee have prioritized the issues of childhood obesity and accident prevention as critical challenges. These issues complement programs in existence at Mission Children's Hospital.

See Together for Kids on page 7

Mission Earns TJC Stroke Certification

Only hospital in WNC

Some things really are a matter of life and death. Where you get treated if you're having a stroke is one of them – and Mission has just been recognized again for our program, this time by The Joint Commission (TJC). After a year-long review process, they have named Mission a Primary Stroke Center.

Mission is the only hospital so



accredited in Western North Carolina. The designation means that we have met rigorous standards which have been shown to increase the chance of survival for stroke patients, and to decrease their disability.

"This accreditation is the culmination of years of focused emphasis on stroke care," said Joseph F. Damore, President and CEO of Mission Health & Hospitals. "It reflects the commitment of our Neurosciences Department to providing quality, cost effective and compas-

See Stroke Certification on page 8

Celebrating Quality at Mission

Tuesday, October 16 at MAHEC • Information, food and fun!

Join us as we recognize and celebrate Mission's dedication to quality. You can start by marking Tuesday, October 16, on your calendar then come and review the accomplishments of your peers.

On that day, Quality Teams from throughout the organization will be highlighting their projects with posters that demonstrate their improvements and impact on patient care. Come learn what improvements have been made with SCIP, Rapid Response, decreasing nosocomial MRSA infections, and much more.

The celebration will kick off with nationally recognized guest speaker, Dave Caperton, in the MAHEC auditorium.



Caperton is an educator and a comic. His professional paths of laughter and learning merged in 1992, when Dave joined a consulting firm dedicated to teaching businesses how to integrate humor as a force for innovation and team effectiveness. In 1998, Dave began his own speaking and consulting business expanding on that purpose. Since that

time he has presented to hundreds of audiences in many industries teaching individuals and organizations the many benefits of healing and compassionate humor. He has been described as "insightful," "soul-searching," and "frankly hilarious."

Caperton's first presentation at 10 a.m. will be followed by a free lunch on the MAHEC bridge with entertainment by "All That," NBC's America's Got Talent second place winners, from 11 until Noon. Presentations and awards will be held from Noon until 12:45. Come join the fun and help us celebrate Mission's quality pursuits!

10 a.m. and 1 p.m. • Dave Caperton talks about humor, change and team effectiveness

11 a.m. - 2 p.m. • Free Lunch on the MAHEC bridge

11 a.m. - Noon • Music & Performance by "All That"

12 - 12:45 p.m. • Presentations & Awards

Come & Learn!

- Acuity Program Development in Respiratory Care
- A Strategy for SCIP Success in the Mission OR
- Transcription Quality Assurance
- Therapeutic Hypothermia
- Lab Outreach Lean process improvements
- Sepsis
- VAP
- CRBSI
- Rapid Response Team
- PAT appointment scheduling for SATU
- Incidence of Hospital Acquired Pressure Ulcers
- Laryngoscope BladeTeam
- Dementia Responsive Care
- Computerized Life Share/Family Support Referral System
- Research Consent and Authorization
- Difficult Urinary Catheterizations
- Cancer Data Services - Timeliness of Abstraction
- Mock Code Pediatrics
- SCIP
- Standardization of PRN Medication Orders
- Code Stemi
- RACE
- Heart Failure
- Decrease the rate of nosocomial MRSA infections
- Oncology Simulation Training Process Analysis
- Preventing Aspregillosis
- Radiation Therapy - Electronic Billing Process
- Implementing a Closed IV and Medication System
- Getting Boards on Board

Mission Possible Earns an A+



Mission CEO Joe Damore, VP of Human Resources Maria Roloff, Human Resources Director Sheila Meadows, and Workforce Development Specialist Tarik Glen recently appeared before the Asheville City School Board to report on the highly successful Mission Possible. This marks the first summer of an innovative program that introduced high school students to healthcare careers at Mission. Mission Possible received high marks from the school board.

Benefits Enrollment Now Underway

Time to make your benefits changes for 2008

Benefits enrollment time is your annual opportunity to:

- Change your benefits selections in medical, dental, short- and long-term disability, and life insurance plans.
- Enroll or delete dependents to your health or dental plan. Remember that dependents are only eligible for coverage up to age 19, or up to age 24 if a full-time student. If your child is between the ages of 19-24 and is no longer a full-time student, you must remove them from your plan within 31 days of the date he/she is no longer a full-time student. If you don't remove them within this timeframe, *they are not eligible for coverage, but you have to continue to pay premiums.* You can drop their coverage during annual enrollment for removal from your plan effective January 1, 2008.
- Cancel your health plan coverage with proof of other insurance or cancel your dental plan coverage.

- Enroll in a Flexible Spending Account for Health and Dependent Care.

- Increase your short- and long-term and life insurance coverage amount during this annual enrollment period without providing health information. *This is a one-time opportunity.* Requests to increase coverage amounts during future annual enrollment periods will require health information and approval.

- Change your retirement plan (403b VALIC account) on-line during annual enrollment for an effective date of change of 1/1/08. You can make changes at any-time during the year with the paper form.

Annual enrollment is available on-line through Employee Self-Service via CITRIX only. Paper forms will not be accepted.

FOR ON-LINE ENROLLMENT ASSISTANCE:

- You may use the Employee Self-Service computer stations in the Human Resources Department at 5 Frederick Street from 7 a.m. until 5 p.m., Monday through Friday, October 26.

- Employee Self-Service computer stations are located in the lobby of the first floor of the G Building, Memorial campus, and on the St. Joseph campus in the Employee Self-Service area, room W239. These sites will be staffed from October 22 - 26 from 7 a.m. until 5 p.m., Monday through Friday, for those needing additional assistance.

Contact your Human Resources Representative if you have any questions or call 213-5600.

Wellness Assessments New for 2008

Complete yours during annual enrollment and earn \$50

Complete your Wellness Assessment during this year's benefits enrollment period and add \$50 to your health reimbursement account.

The American Health Care Wellness Assessment is an interactive online health tool that delivers immediate feedback to you about your current health status. The Assessment identifies your current health risks and provides wellness education material to promote healthier lifestyle choices that will enable you to positively impact your well-being. The information you provide is completely confidential, and your individual answers and results remain totally private.

Your Assessment will be more accurate if you input your lab results from a recent physical, including your blood pressure and BMI. Having this data will help Mission target future needs for Health Management Programs.

To take the Wellness Assessment:

- Go to MissionOnDemand, Mission's Intranet and select Quick Links. Go to Human Resources and choose "Wellness Assessment" under In This Section to access www.americanhealthcare.com

- Select the "Members" tab at the top of the screen
- Select "Wellness Assessment" in the drop down menu
- Enter your Group Number 5595, Member ID (last 4 digits of your Social Security number plus your employee ID number; and your date of birth; click "continue"

Now you are logged in. Proceed by choosing the image labeled "Take a Member Health Risk Assessment" to complete the Assessment or "Member Health Risk Assessment Results" to view assessments you have previously completed.

For questions or problems with completing the assessment, call American Health Care at 866-571-6104.

Protect yourself and others

Flu vaccine will be here soon!

Wednesday, October 10, 11:30 a.m. - 2 p.m.
Quality Room, St. Joseph Campus

Friday, October 12, 11:30 a.m. - 2 p.m.
PDR 1, Memorial Campus

Walk-in Shot Clinics at Staff Health, now located on the first floor of the Doctor's Office Building

Tuesday, Oct. 16, 1 - 5:30 pm.

Friday, Oct. 19, 7:30 a.m. - Noon

Tuesday, Oct. 23, 8:30 a.m. - 12:30 p.m.

Thursday, Oct. 25, 2 - 5:30 p.m.

Thursday, Nov. 1, 8:30 - 12:30 p.m.

Vaccine appointments are also available through One Call Scheduling at 213-2222, option 2.

Departments that would like to administer shots to their staff can contact Staff Health Services and request a supply of the vaccine.



Mission Adds Two New Trauma Surgeons

Mission Health & Hospitals has added two new physicians to its growing Trauma Program. Please welcome Anne Conquest, MD, trauma surgeon, and Harold M. Frisch, MD, orthopedic trauma surgeon.

Dr. Anne Conquest is a board-certified general surgeon and surgical critical care intensivist. She received her medical degree from Louisiana State



University, completed her residency in General Surgery at East Carolina University School of Medicine in Greenville, and a trauma surgery and critical care fellowship at Vanderbilt University.

Dr. Conquest has taught courses including Advanced Trauma Life Support (ATLS) for physicians, and Fundamental Critical Care Support (FCCS), which prepares non-intensivists for the first 24 hours of management of critically-ill patients.

She and her husband, Lance, have one son.

Dr. Harold Frisch is a board-certified orthopedic surgeon. He received his medical degree from Georgetown School of Medicine in Washington, DC.



He trained at the Walter Reed Army Medical Center, served as a Brigade Surgeon for the 3rd Infantry Division at Ft. Stewart, GA, and completed his residency in orthopedic surgery at Brooke Army Medical Center at Ft. Sam Houston, Texas.

Dr. Frisch served as Chief of Orthopedic Surgery at Bassett Army Community Hospital in Ft. Wainwright, Alaska, and received his fellowship in Orthopedic Traumatology at the R. Adams Cowley Shock Trauma Center in Baltimore, MD. He received the Walter Reed AMC Orthopedic Residency "Brown Bag" Teaching Award in 2004-2005.

Most recently, Dr. Frisch served as Director of Orthopedic Traumatology and Assistant Professor of Surgery, at the Walter Reed Army Medical Center in

Washington, DC. Dr. Frisch has written and prepared numerous journal articles and presentations on topics including amputations, extremity war injuries, and wound management. He continues to do research in the treatment and outcomes of extremity war injuries.

Dr. Frisch and his wife, Susan, have four children.

Mission is one of the four highest volume Trauma Centers in North Carolina. Its volume has grown from 1,644 patients in the year 2000 to 3,200 patients in 2006, according to Mike Buechler, MD, Medical Director of Trauma Surgery Services at Mission.

"By adding trauma surgeons, we are simply trying to keep pace with the volume increase so we can assure continued delivery of the high quality patient care and regional education provided currently," Buechler said. "The Trauma Center at Mission Hospitals meets or exceeds all outcome metrics when benchmarked against the mean data of the other North Carolina Trauma Centers and the National Trauma Data Bank. We plan to keep it that way."

MAHEC Classes in November & December



The following programs will be offered by MAHEC during November and December. For more detailed information, such as credit, description and fees, please visit www.mahec.net and click on "Continuing Education" or call (828)257-4475.

Allied Health Education

Blogs, Wikkis and RSS: Expanding Your Internet Toolkit
November 6, 6 - 8:30 p.m.

Health Information on the Internet
November 14, 9 - 11:30 a.m.

Spanish Interpreter Training Level III: Introduction to Anatomy/Physiology and Medical Terminology for Spanish Interpreters
November 19 - 20, 8:30 a.m. - 4:30 p.m.

Evidence Based Medicine
December 4, 6 - 8:30 p.m.

Power Searching with Google
December 12, 9 - 11:30 a.m.

Dental Education

International Dental Health: Exploring Russia and Poland
November 16, 9 - 11 a.m.

Coping With the Bumps Along the Examination Highway
November 30, 8:30 - 11:45 a.m.

Access to Care: Using Community Resources to Fulfill Dental Needs
December 13, 6 - 8:30 p.m.

Leadership Management Education

How to Delegate Healthcare Tasks and Projects Effectively
November 6, 9 a.m. - 12:30 p.m.

How to Hire, Retain, and Fire Healthcare Employees and Not Get Sued! (*successfully!)
November 8, 1 - 5 p.m.

Fundamental Leadership Series: Self Awareness
November 27, 9 a.m. - 4 p.m.

Fundamental Leadership Series: Clear Communications
December 4, 9 a.m. - 4 p.m.

Fundamental Leadership Series: Problem-Solving
December 13, 9 a.m. - 4 p.m.

Fundamental Leadership Series: Becoming More Effective
December 18, 9 a.m. - 4 p.m.

Medical Education

Imaging In the 21st Century: Continuing Medical Education For The Clinician
November 3, 8:30 a.m. - 5:10 p.m.

ED Lunch & Learn - Identifying the Seriously Ill Child in the ED Setting
November 6, Noon - 1 p.m.

The Grief Impact: Coping with Death as a Medical Provider
November 15 - 16, 5:30 - 8:30 p.m.

Mental Health Education

Person Centered Clinical Supervision
November 1, 9 a.m. - 5 p.m.

Listen to This: A Two Day Training that Will Change the Way You Communicate
November 2 - 3, 9 a.m. - 5 p.m.

"Seeking Safety" Therapy for PTSD and Substance Abuse
November 5 - 6, 9 a.m. - 5 p.m.

Professional Consultation in Dialectical Behavior Therapy
November 5, Noon - 1:30 p.m.

Traversing the Aging Roads: The Journey of Baby Boomers from Midlife to the Golden Years
November 9, 9 a.m. - 4:30 p.m.

SA Series: Preparation for the Substance Abuse Certification/Licensure Written Exam
November 12, 9 a.m. - 4:30 p.m.

BYOL: Mindfulness and Stress Reduction Techniques For Those You Serve
November 12, Noon - 1 p.m.

Narrative Therapy: Doing Your Most Authentic Work
November 14, 9 a.m. - 5 p.m.

An Introduction to Internal Family Systems (IFS)
November 15, 9 a.m. - 5 p.m.

SA Series: Healthy Homes for the Holidays: Dynamics of Family Addiction
November 16, 9 a.m. - 5 p.m.

The 1st Annual Western North Carolina Conference on Autism & Autism Spectrum Disorders
November 29 - 30, 9 a.m. - 4:15 p.m.

A Series: Illegal Substances: Current Trends
December 3, 9 a.m. - 3:30 p.m.

Critical Issues in Working with Adults with Intellectual and Developmental Disabilities (I/DD): Aging, Parenting & Ethical Dilemmas
December 5, 9 a.m. - 5 p.m.

Motivational Interviewing – One Day Advanced Training
December 6, 9 a.m. - 5 p.m.

Child Development: What's Normal and What's Not?
December 7, 9 a.m. - 3:45 p.m.

Mental Health and Substance Abuse in Family Care Homes
December 10, 9 a.m. - 5 p.m.

SA Series: Cultural Competency: African-American Women and Substance Abuse
December 14, 1 - 4:15 p.m.

SA Series: Preparation for the Substance Abuse Certification/Licensure Oral Exam
December 17, 9 a.m. - 4:30 p.m.

Professional Consultation in Dialectical Behavior Therapy
December 17, Noon - 1:30 p.m.

Nursing Education

6th Annual Care of the Premature Infant: "Understanding the Language of Crying"
November 2, 8:25 a.m. - 4:30 p.m.

Central Venous Access Devices
November 7, 9 a.m. - 4 p.m.

North Carolina Infection Control Certification Course for Home Health and Hospice
November 8, 8:45 a.m. - 4 p.m.

Clinical Research and Clinical Decision Making: Understanding and Using Clinical Research to Enhance Evidence-Based Practice
November 14, 9 a.m. - 4:15 p.m.

Clinical Simulation Skills Laboratory (AB TECH ENKA CAMPUS)
November 14, 9:10 a.m. - 12:10 p.m.

2008 National Patient Safety Goals: Ready, Set, Go
December 4, 9 - 11 a.m.

Nurse Assistant Advanced Geriatric Nursing Care Course
December 6 & 13, 9:30 a.m. - 4:30 p.m.

Wound Care Symposium: Pressure Ulcer Update
December 7, 8:25 a.m. - 4:30 p.m.

Cardiac Medication Update
December 10, 8:30 a.m. - 5 p.m.

Code Blue for the Non-critical Care Nurse
December 11, 8:30 a.m. - 5 p.m.

Physical Assessment Course for RNs
December 12 - 13, 8:30 a.m. - 4 p.m.

Pharmacotherapy Education

Effective Treatments for Sexually-Transmitted Diseases
November 8, 7 - 9 p.m.

Procrastinator's Marathon: New Drug Update
December 9, 10 a.m. - 5 p.m.

Celebrating Service In September!

40 Years Sandra Greene	NICU	Larry D. Vassey, Jr. Karen P. Ward	Vascular OR CS&D	Amy T. Wallingford	NICU
35 Years Shirley K. Chambers Blanche L. Smith	8 Neuro-Diab-AMed 7 General Surgery	15 Years Loretta A. Davenport Nina R. Dillingham Donna R. Elkins Sean R. Fairbanks Patricia A. Fricks Angela D. Goodwin James E. Green Donald E. Griebel Lois A. Hancock Maite E. Harte Gwendolyn G. James Martha A. Kirkland Mirtha M. Mendoza Sheila O'Brien Robert F. Payne	8 Neuro-Diab-AMed Food & Nutrition HeartPath Environmental Services Pulmonary Medicine Radiology Diag. Vascular OR Biomed Air Medical Pharmacy IV Therapy Health Info Mgmt. ASC Labor & Delivery Laundry	5 Years Tracia L. Ballard Deborah D. Banks Grace V. Barnwell Wendelin A. Elrod Jean M. Farrelly-Aloisio Susanne R. Ferrigno Jordan I. Fouts Marsha Meliah Garren Brenda Goggans Tamatha D. Halligan Alana T. Hayes Darren D. Hayes Angela R. Higdon Mary S. Hooper Laurel E. Hunt Dorothy L. Jones Annette S. Kamm Rodney T. Marett Beth A. Melton Nadezhda Mudrik Jennifer L. Ogle Shawn K. Pate Latika D. Poore Erin J. Rabideau Judith M. Sides Donna L. Smith Teresa P. Smith Jeffrey D. Wiggins Abbie E. Williams Maureen A. Winkenwerder	Radiology Diag. Emergency Regis. 8 Neuro-Diab-AMed Maternal Fetal Med. Operating Room Infection Control Lab, Clerical Radiology CT Trauma Care Unit Radiology Diag. MSICU Central Transport 8 Neuro-Diab-AMed Surgical Preop Foundation Laundry Rehabilitation Svcs. Madison EMS Pharmacy Environmental Svcs. Pharmacy Scheduling Surgical Preop Staffing Pool HIM Transcription Rehabilitation Svcs. PASU Regional EMS Radiology Diag. Women's Surg.
30 Years Linda L. Hemstreet Anetta S. Hensley Sandra M. King Teresa S. Stockton	Women's Res. Ctr. Radiation Therapy Peds Hemo-Oncology NTICU				
25 Years Adrienne N. Fulmer William A. Kalarovich Christine Schumacher Charla E. Youngblood	Human Resources Rehabilitation Svcs. Adult Medicine Radiology Nursing				
20 Years Kimberly S. Bentley Sharon W. Boyd Anita L. Cameron Judy A. Caraker Myong W. Haddock Linda M. Horton Dwayne L. Houser Paula P. Lance Marianne M. Lee Rhonda R. Lovingood Angela K. McCracken Randy L. Reynolds Martha J. Smith	Respiratory Svcs. ASC Lab 8 Neuro-Diab-AMed MSICU Copestone Copestone Radiology Nursing Scheduling Infection Control IV Therapy 8 Neuro-Diab-AMed Regional EMS Adult Medicine	10 Years Kimberly S. Beck Karlya L. Buckner Patricia B. Cole Linda F. Craig Tatanisha S. Davis Charles E. Dawkins Sonja E. Fox Amellia J. Gibby Carey I. Kachilo Susan L. Louis Horace D. Matthews Joy K. McGhee	Respiratory Svcs. Central Transport Lactation Center Environmental Svcs. Food & Nutrition Environmental Svcs. Health Education Ctr. Mother/Baby 6 Pulmonary Infection Control Lab-Outpt NICU		

Celebrating Service In October!

30 Years Theresia M. Hamlin Wayne R. Welch	Respiratory Svcs. Engineering	Kathryn H. Winchell	Lactation Center	Mary A. Domagala Heath V. Edwards Leslie E. Evans Rachel L. Ferguson Dawn M. Fluharty Kevin M. Fox Deidra L. Gwaltney Gilley Lisbeth A. Hamilton Dorothy B. Harris James R. Helhorst Debra S. Henson Charles A. Hicks Christine Lim Arienza Fonda J. McCall Joel A. Medrano Manuel V. Murillo Sandra L. O'Steen Michelle B. Rabell Natalia E. Rabin Michael A. Rayl Randall E. Riker Necolen G. Rogers Donna J. Senna Ruth A. Smith Darlene W. Stockton Charmaine Strong Gladys E. Tornquist Lorena V. Valente April E. Warren Valeria J. Weatherman Tina G. Wood	Accreditation Svcs. Security Fullerton Genetics Pulmonary Medicine Child Devel. Ctr. Vascular Pre-op/PACU Pharmacotherapy Interpreter Svcs. Environmental Svcs. Lab Optpt 7 Gen. Surg. Offsite Maint. 4 Orthopedics Copestone Laundry Health Info. Mgmt. Food & Nutrition Community Relations Human Resources Radiation Therapy Health Info. Mgmt. Staffing Pool CVRU Business Services Spine Unit MCSU NICU Radiation Therapy Central Transport Radiology-Diag. Emergency Dept.
25 Years Glenda D. Alexander Mary S. Buckner Nancy J. Carwane Susan S. Maley Patricia M. Silver	Pulmonary Med. Food & Nutrition Finance Finance Emergency Dept.	10 Years Mark A. Albano David R. Bagby Natalia M. Clark Jody K. Curry Ralph A. Garcia Beverly E. Haney Theresa L. James Carver Min-Hwa Kim Jeffrey S. Kirkpatrick Thomas E. Knoebber Scarlett A. McKnight Christine C. Messino Alice K. Murray Cherish N. Nichols Lori E. Piercy Stephen T. Steininger Sandra B. Thompson Misty D. Wooten Sandra J. Wooten	Food & Nutrition CVOR Pharmacy Anest. Support CVOR Interpreter Svcs. Children's Dental Operating Room MSICU Respiratory Svcs. Performance Improv. MSICU HeartPath Utilization Review Operating Room CVOR HIIM Transcription Adult Medicine Child Development Ctr. Copestone		
20 Years Julie L. Collins Karen K. Engle Wilma G. Keller Linda J. Murray Nancy W. Rankins Teresa Rhinehart Burchie H. Thompson, Jr. Sharon L. Wyatt	Labor & Delivery Respiratory Svcs. Performance Improve. HeartPath Human Resources ASC Respiratory Svcs. MSICU				
15 Years Kelly A. Adcock Annette L. Christopher Kenneth R. Clontz Shirley F. Corner Lisa A. Duncan Stacie M. Fincher Kenneth J. McDaniel Sheila J. Reed Shawn K. Smith	Critical Care Service Line Radiology Admin. Emergency Dept. Health Info. Mgmt. Radiation Therapy Business Services Lab-Microbiology CV Diagnostic Storeroom	5 Years Rosalia Barago Robyn P. Bass Kathlene M. Biswas Daniela Z. Bonea Melissa L. Chapel Laura A. Cordero Patricia Crisp Mauricio R.M. Delgado	Women's Surgical Emergency Dept. Cancer Data Svcs. IV Therapy Pharmacy Health Info. Mgmt. ASC Laundry Distribution		

Together for Kids, continued



At a press conference at the National Press Club, Crystal Hinson Miller, chair of Together for Kids (www.togetherforkids.org) presented retired NFL star Jason Sehorn with a jersey officially making him a member of the Together for Kids team. Together for Kids is a new nonprofit foundation that will raise funds nationally to help member hospitals cope with dramatic increases in the health needs of children. The nonprofit alliance will help 53 hospitals in 47 cities care for seriously ill and injured kids, and target childhood obesity and injury prevention as priorities. Sehorn urged support for the new group on behalf of himself and his wife, actress Angie Harmon, who served as honorary co-chairs for the foundation's launch.

"Mission Children's Hospital is the sole source of specialized medical care for Western North Carolina's children," said Thorsen. "Many people in this region have been asking for a way to financially support its work and to expand its programs. Together for Kids gives them a way to do it. Across the region you will soon be seeing the Together for Kids logo tied into such programs as 'Mission Mondays,' where area businesses and restaurants give part of their Monday sales as a gift to Mission Children's Hospital. Together for Kids lets every one of us be part of making Mission Children's Hospital a quality and compassionate place for all our children."

Mission Children's Hospital will hold the first Together for Kids' national fundraising campaign, *Come Out to Play!*—a month-long series of events scheduled for April 2008 to raise funds for hospitalized children and to encourage kids and families to take part in active play that's healthy and safe.

ABOUT TOGETHER FOR KIDS

Together for Kids is a national alliance of 34 children's hospitals and

other hospital systems, representing 53 individual facilities that serve children in 47 U.S. cities. The network includes major university teaching hospitals, pediatric departments within hospitals, and children's hospitals in communities of all sizes. It also includes the 20 Shriners Hospitals for Children across the country that provide sophisticated orthopedic and burn treatment for children at no charge.

The alliance is dedicated to building a healthier future for America's kids by providing an urgently needed national fundraising mechanism for its member hospitals, helping them care for seriously ill children and tackling the toughest health issues facing all kids, with a focus on childhood obesity and accident prevention.

Together for Kids is a tax-exempt 501(c)(3) public charity and plans to raise funds through corporate sponsorship, events, grants and other forms of philanthropy, distributing the funds to member hospitals to address the most urgent children's health needs in their communities.

Come learn! Ask questions! Information sessions for Annual Benefits Enrollment

Monday, Oct. 8, Glenn Theater,
Memorial Campus

- 7:30 - 8:30 a.m.
- 9:30 - 10:30 a.m.
- 11:00 a.m. - Noon
- 2 - 3 p.m.
- 6 - 7 p.m.

Tuesday, Oct. 9, Quality Room,
St. Joseph Campus

- 7:30 - 8:30 a.m.
- 2 - 3 p.m.
- 6 - 7 p.m.

Wednesday, Oct. 10, Quality Room,
St. Joseph Campus

- 7:30 - 8:30 a.m.

Thursday, Oct. 11, Quality Room,
St. Joseph Campus

- 9:30 - 10:30 a.m.
- 11 a.m. - Noon
- 2 - 3 p.m.

Friday, Oct. 12, Glenn Theater,
Memorial Campus

- 7:30 - 8:30 a.m.
- 9:30 - 10:30 a.m.
- 11 a.m. - noon
- 2 - 3 p.m.

Other appointments are available in your department. Schedule through your department leader or with your Human Resources representative.

Did You Know?

You may start or change your contribution to the VALIC Retirement Plan using Lawson Employee Self Service. Changes made online to your VALIC retirement plan account will be effective January 1, 2008. Unlike other benefits, employees are allowed to make changes to their retirement coverage during the year without a qualifying status change. Human Resources and VALIC representatives will continue to accept salary reduction agreements for changes at any time during the year.

Stroke Certification, continued from page one

sionate, life-saving care.”

The Joint Commission certification is the second major recognition for Mission’s stroke program this year. Earlier, it was recognized by the American Heart Association and the American Stroke Association with the “Initial Performance Achievement Award” presented at the 2007 International Stroke Conference in San Francisco. It was one of only 85 hospitals in the nation to receive the designation by meeting standards set by the national “Get with the Guidelines for Stroke” initiative, also designed to improve acute stroke treatment and prevent future strokes and cardiovascular events.

That award was accepted in San Francisco by Robin Jones, BSN, Certified Neurology RN and Mission Stroke Program Coordinator. The program physicians are Reid Taylor, MD, and Alexander Schneider, MD, who is Medical Director.

The standards set by The Joint Commission and the Heart and Stroke Associations are similar. Both include recommendations developed by the Brain Attack Coalition and the American Stroke Association:

- A detailed, evidence-based plan of care that incorporates known “best practices” for diagnosis and treatment of acute stroke.
- Tailoring this standardized treatment to individual needs.
- Having a dedicated response team that is called 24-7 if a patient may be having a stroke.
- Immediate availability and consistent use of tPA, the “clotbuster” drugs that can reverse some types of stroke.
- Prompt diagnosis to determine whether the stroke is caused by blockage of blood flow to the brain, or by blood vessels bleeding in the brain.
- Dedicated nursing units for stroke care, including intensive care and step-down.
- An interdisciplinary stroke team including stroke neurologists, nurses, rehabilitation, nutrition, pastoral care and discharge planner.
- A program within the hospital to make sure that patients who have a stroke while they are already hospitalized receive the same “Code Stroke” response as those who come in through the emergency department.

- A commitment to stroke prevention and rehabilitation, such as helping patients be able to care for themselves as much as possible.
- Using data to continually improve treatment plans.
- Ensuring flow of information across different areas of the hospital and all the professionals involved in the care of stroke patients.

“Mission Health & Hospitals has demonstrated that its stroke care program follows national standard guidelines that can significantly improve outcomes for stroke patients,” says Jean E. Range, RN, CPHQ, the executive director for disease-specific care certification for The Joint Commission.

Mission Neurosciences Stroke Program Leaders

- Alexander Schneider, MD, stroke neurologist and Medical Director of Mission Stroke Program
- Reid Taylor, MD, stroke neurologist
- Jonas Goldstein, MD, interventional neuroradiologist
- David Poorbaugh, MD, Director of Emergency Medicine
- Robin Jones, BSN, RN, Stroke Program Coordinator
- Cindy Benton, MSN, FNP-C, Mission Neurology Nurse Practitioner
- Kathey Ponder, MBA, MHA, RN, Director for Mission Neurosciences
- Melissa Hanrahan, BS, RN, Stroke Case Manager for Neurosciences
- Amy Buckner, BSN, RN, Stroke Data Analyst
- Beth Carlson, MSN, RN, Neuroscience Clinical Nurse Specialist

- Ongoing stroke education. For example, Mission regularly hosts stroke conferences. It has just completed production of a video production for the public to teach prevention and response, and to show how well people can do following stroke if they have proper treatment.
- Stroke research. Mission stroke neurologists are currently involved in several studies, including one on the use of laser energy to protect affected brain cells at the mitochondrial level, and one to determine whether patients do better with lytic “clotbuster” therapy delivered directly to the clot causing a stroke, or with the clot being removed with a retrieval device.

“Every one of us should be proud of the teamwork and dedication and clinical skill that went into winning both of these recognitions,” said Jim Miller, clinical vice president for Neurosciences. “We should take deep satisfaction in knowing that their effort has resulted in our patients surviving even catastrophic strokes – and in many, many cases, resuming productive and rewarding lives.”

“At Mission, we began developing a coordinated, hospital-wide stroke program in the late 1990s,” said Jones, the program coordinator. “Having this system in place means that as soon as stroke is suspected, a team is immediately brought in to determine whether it is a stroke, and what kind, and to expedite treatment.”

STROKES AND THEIR TREATMENT

There are two main types of stroke, and Mission has the equipment and systems in place to treat both of them 24-7.

Hemorrhagic strokes are caused by bleeding in the brain. They can often be treated through a subspecialty called interventional neuroradiology. The interventionalist physician uses minimally invasive techniques to go through blood vessels to the area of bleed and seal it off.

Embolic or ischemic strokes, which are caused by blockage of circulation, need immediate treatment with tPA “clotbuster” medications. If this is not effective, a new minimally invasive procedure to go inside the blood vessel and capture and retrieve the blood clot can be used.

– Merrell Gregory

10 Aniversario de la
10th Annual



Celebrate Latin American Culture In WNC
Celebra la cultura Latino Americana en NC

Bring the whole family to Enjoy
Trae a toda tu familia y disfruta

Music, Children's Activities, Delicious Latin Food,
Cultural Performances, and Expos

Música Actividades para niños* Comida
*Presentaciones Culturales

Saturday, October 13, 2007
sábado 13 de Octubre
12 p.m. to 10 p.m.
WNC Agricultural Center

1301 Fanning Bridge Rd., at Airport Blvd. in Fletcher
frente al aeropuerto, in front of the airport

For more information to be a vendor or volunteer call
Para mas información para ser vendedor o voluntario llame a
828-505-0294 o escriba al correo electrónico / e-mail Fiesta
Latina, fiesta.latinawnc@gmail.com

Sponsored by The Asheville Latin Americans for
Advancement Society,
Mission Health & Hospitals, The Grove Park Inn Resort & Spa,
La Voz Independiente

Sacred Days in October

October 4 – Feast of St. Francis of Assisi, founder of the Franciscan Order and patron saint of animals and the environment. This day is often celebrated by a blessing of the animals.



October 5 – Simchat Torah, or “Rejoicing in the Torah,” a Jewish celebration which marks the completion of the annual cycle of weekly Torah readings.

October 12-20 – Navaratri, a Hindu festival honoring the divine mother Durga, considered the creative mothering aspect of God. Durga literally means “the remover of the miseries of life.”

October 13 – Eid al Fitr, an Islamic celebration which marks the end of Ramadan. It is a day of forgiveness, fellowship, and unity.

October 20 – Birth of the B'ab, a Baha'i celebration commemorating the birth of one of the founders of their faith.

October 21 – Dussehra, a Hindu celebration of good triumphing over evil.

October 27 – Reformation Day, the anniversary of the Protestant Christian Church's beginning, marked by the anniversary of Martin Luther posting the Wittenberg Statement.

October 31 – Samhain, an ancient Celtic holiday honored by nature-based religions to commemorate the end of the summer and the harvest season. It is considered the eve of the Celtic new year.

October 31 – All Hallows Eve, a Christian celebration of mystery and merriment as a prelude to All Saints Day.

Pastoral Care Week is Oct. 22-26 and there will be several special opportunities available for staff. Watch for announcements on MissionOnDemand, posters and information in the October 19 issue of Scope.

– Dept. of Pastoral Care



Ask Dr. Sig

Dear Dr. Sig,

We are approaching another awards dinner for long-time staffers. Is there any monetary award given to those of us with longevity? I have just reached my 40th year as a staff member of Mission.

Mission has traditionally given monetary awards to the three top honorees with the most years of service, however, last year we awarded all staff members with 40 or more years of service. That's the new tradition. The date for the awards dinner is November 19 at the Grove Park Inn and staff members with 25+ years of service will receive invitations. Scope will honor them by printing their names in the November 16 issue.

Dear Dr. Sig,

Is there a reason that the luncheon for United Way could not have been a supper from, say, 5 - 8 p.m. so that the night shift that donated could also take part in the celebration? We should be appreciated, too.

Dear Unappreciated,

Mission's United Way Team Captain, Tom Knoebber, responds: "During our recent UW campaign, our committee and team leaders struggled with the best way to create awareness and raise money for our local United Way and community. With the limited budget we had to support the campaign, and using the 80/20 rule, suggested we could reach the majority of staff during a daytime luncheon event.

"The day shift lunch was not intended to exclude second or third shift or any of the offsite locations. Our hope was that all staff, regardless of shift or location, would have the opportunity to come to a free lunch even though it may be off shift or off site. We do know that during the event there were some (not many, but some) who came from off campus and we were able to provide trays for them to take back with them.

"We certainly appreciate the contributions of all of our staff members and individual departments were encouraged to have celebrations on their own if possible. I'm sure we will continue to struggle with this as our system continues to expand beyond the central campus."

Dear Dr. Sig,

I would venture to say that 50%-75% of the employees working at Ridgefield Court are extremely uncomfortable due to the temperature. It is so cold that a large percentage of employees have their office heaters running while the air conditioner is blasting cold air. Why are we wasting so much energy? Who sets the temperature? Can't we compromise on a moderate temperature?

The winter-like conditions in some parts of Ridgefield Court have nothing to do with who is in charge of the thermostat. I have learned from talking to Facility Services that the heating and cooling system is not operating as intended and the system is running excessively.

The design engineers, contractor and Mission's project manager, Stan Engle, have been working to figure out why and correct the problem so that the system will run in the energy efficient manner that was intended. Unfortunately, it is not as simple of an issue as someone making decisions on what temperature to set on the thermostat. In the meantime, wear layers and thanks for your patience as they work to solve this problem.

Dear Dr. Sig,

I know that Mission has been working hard on making our campuses more secure. What steps have been taken so far?

We have actually accomplished quite a bit since last summer. You may have noticed new security vehicles patrolling our campus and parking decks. Many of our security vehicles, including the new Zero Emission cars, have been equipped with a green light bar for better visibility and as a deterrent to crime. In addition, the department has placed contract security officers in Biltmore 1 & 2 lots and Hamilton lots from 5am-11am and 1:30pm-11pm Monday through Friday as well as employing Buncombe County Sheriffs deputies from 6pm-6am 7 days a week in the emergency departments.

Progress is underway on the exterior camera and emergency phone box project which includes more than 170 fixed and movable cameras along with 68 phone boxes between the two campuses. The first phase of

the project, the St Joseph Campus, is nearing completion and anticipated to be in use by early October. Mission's goal is to have all of the cameras and phone boxes up and in use by the end of this calendar year.

In February, we began asking visitors coming to the hospital between 9 p.m. and 5 a.m. to enter at the hospital's main entrances and obtain a visitor's pass. Within the first few months of the program, over 15,000 visitors were logged in via this process.

In addition to these measures, Mission distributed more than 3,000 personal alarm devices to staff members. The alarms were provided through a gift from Volunteer services, the Mission Healthcare Foundation, and EMC2, one of our Information Technology vendors. There are also additional plans to purchase additional alarms in the upcoming months made possible by a generous donation from our volunteers and the Mission Healthcare foundation.

But all the patrols and fancy equipment cannot take the place of a staff member who is aware of their surroundings and takes appropriate personal measures to be safe. Kevin Davis, Mission's Manager of Security recommends:

Walking to your car in groups, or requesting a Security escort to your vehicle, especially after hours.

Walk with purpose. Have your keys ready before you get to your vehicle and once you are inside make sure your doors are secured immediately.

Be aware of your surroundings. If something doesn't seem quite right to you or you see someone suspicious, go to a well-populated, well-lit area immediately.

If you need help or feel threatened, use an emergency phone box if you have one available, or call local law enforcement or our own Security from your cell phone.

Remember, the number to call for Security Dispatch is 213-4133 or call the hospital operator at 213-1111 and request Security.

Dear Dr. Sig,

Regarding the employee who has "had enough" of voice mail greetings, I agree with you that our greetings and messages should be brief. I also agree with "Enough Already" that some greetings are a bit tedious (the one statement that really bugs me is: "I am away from my desk or on another line" - as if I couldn't guess!).

I did want to add, however, that we should always include our name and Mission Hospital department in our greeting so that folks calling from outside the system can be sure they have reached their intended party. An employee may know whose voice mail they have reached, but that may not be true for folks outside the system.

— Sandra Ambrose

Good point. — Sig

Dear Dr. Sig,

The Pharmacy always sends meds, tube feeds, IV fluids and whatnot in double plastic bags. I try to send these clean bags back to them. I have no idea if they use them again or not. It seems such a waste of money, landfill space and other resources. Is it feasible to implement a program of returning the bags to them for reuse?

According to Pharmacy Director Ellen Williams, we don't reuse the plastic bags. It is unfortunate that everyone using the tube system (not just Pharmacy) must double-bag any liquids being transported through the tube system in case of a spill. We don't reuse these bags on other patient's medications because the bags have already been in the tube system and have been in contact with another patient's medications. We do not want to risk another patient being contaminated by organisms picked up in the tube system or exposed to another patient's medications (for example, penicillin in a penicillin allergic patient). Many of our patients are immune compromised and we do all that we can to prevent any unnecessary exposure to harmful organisms or chemicals.

Thank you for asking about an issue that does affect the environment. It could be that there are plastic bags on the market that are friendlier to the environment, and we'll check into it.

There's more Dr. Sig on MissionOnDemand,
Mission's new Intranet. Check it out!

scope it out

Ads for "scope it out" must include your home phone number. No names will be printed. Listings will appear once in the next available issue of *Scope*. To repeat the ad you must resubmit it. The deadline for each issue of *Scope* can be found on the last page of each edition. To place an ad, mail it to Linda Gooden in Community Relations, e-mail Linda.Gooden@msj.org or fax it to 213-4812. All questions regarding ads should be directed to Linda at 213-4800.

Cars and Motorcycles

1966 Ford Pick-Up Truck: Partially restored. Runs good. 352 engine, 3 on the floor, good tires. Has new rear and new transmission. Needs a paint job and some interior work. Husband says "red with flames", I say "powder pink"... Save the marriage, buy the truck. Paid \$3200 for it, invested \$2,000 into it, but will sacrifice for \$3500 firm. Brett 768-9019.

2003 Chevy Cavalier: One owner, regularly serviced, have all service records. About 68,000 miles. Gets about 34 mpg. Nice, solid car in excellent condition. New tires, 4 cyl, automatic, front wheel drive, power steering, tile, cruise, CD player, AM/FM, Cobalt Blue. \$6600. 828-337-6131.

2006 Jeep Commander. Midnight Blue. 21,800 miles with warranty still in effect. PS, dual power seats, PW, AC, rear air, optional 3rd row seating, sunroof, very nice. \$21,000. 828-697-6714. Leave message.

2002 Jeep Wrangler w/removable hardtop, automatic, 6 cyl., 35,000 miles, excellent condition, adult driven, \$14,700. 828-808-9476.

2004 Harley XL 1200R: Excellent condition, always garage kept. Forward controls, Screaming Eagle pipes, leather saddle bags, quick-detach windshield, sissy bar. Red. 8600 miles. Asking \$7,000. OBO. 828-627-9599 or 828-734-6183.

2003 Chevy Cavalier: One owner, regularly serviced, have all service records. About 68,000 miles, gets about 34 mpg. Nice, solid car in excellent condition. New tires, 4 cyl, automatic, front wheel drive, power steering, tilt, cruise, CD player, AM/FM, cobalt blue. \$6600. 828-337-6131.

1997 Nissan XE Pickup: 4WD, 71,000 original miles, 4 cyl., 5 spd., A/C, bedliner, new shocks, 20 MPG around town, all current maintenance, non-smoker, great for commuting or work truck, very clean. \$6800. Call Mike at 828-808-2322.

2004 Honda Super Hawk 996: 6959 miles w/Yoshimura pipes. Asking \$5500. Call 828-333-0115. Serious inquiries only please.

2002 Volkswagen Passat Station Wagon: Grey, cloth, 52K miles, great condition, one owner, serviced regularly. 254-3462.

Homes and Land

Notice: We are no longer able to accept real estate ads from outside of Mission Health and Hospitals. Staff members, volunteers and members of the medical staff may continue to submit ads for sale or rental. Thank you.

House for Sale: 2BR/2BA home in quiet West Asheville neighborhood, 1160 sq. ft., 0.24 acre lot, built in 98, convenient to River District & West Asheville shops, 5 minutes from MSJ, oak floors, covered porch, large private deck, 2 walk-in closets, gas furnace/range, entire home heated with optional woodstove, terraced organic garden spaces, large dry storage area underneath, creek in backyard. \$186,000. Artisan Properties 828-712-3780.

Furnished room in quiet, comfortable home within walking distance to hospitals. TV, internet, phone. \$125 on week-to-week basis. Available through November 24th. Call 279-6684.

Bed space Wanted by Owner: 3 story-house. Need one male to live in. It includes 1 BR with connection of TV, cable, phone internet, to share expense of electricity. It takes 20 minutes to Mission and 10 minutes downtown. Rent is \$300. For more details, please call 258-2303 or leave a message.

House for Sale: Leicester. Magnificent 360 degrees long and short range views year around. 4BR/3BA/office/entertainment room. Full basement. Vaulted ceilings in both Great room (cedar) and Master bedroom (Pecky Cyprus). Stone work, 2300 sq. ft. of living space with partial unfinished basement for further development. 2 acres, 20 minutes to Asheville. No matter what kind of day you had, you come home to this. See

sunrise and set from your own living room. MLS# 372198. \$365,000. Call 828-280-2623.

Biltmore Lake: Rare find. Build your custom dream home on this 3.75 acre cul-de-sac lot. Incredible year round views, stream, gated community, mostly level building site, hardwoods. \$350,000 negotiable. 828-545-9626.

House for Rent: Beaver Lake area, 15 minutes to Mission, cute 2 BR/2BA bungalow, central air, large yard (great for gardening), quiet street, carport, pets ok with approval. \$800/mo. plus \$800 deposit. Call 299-8095.

Lovely Home for Sale: Hendersonville. Moving due to job opportunity. Priced to sell at \$207,900. 2 yrs. old in peaceful, established neighborhood on cul-de-sac in Hendersonville near Etowah. 1600 sq. ft. 2 BR/2BA, large family room, beautiful hardwood floors, almost 1/2 acre, newly landscaped, beautiful dark maple kitchen cabinets with stainless appliances (self cleaning electric smooth top stove, built in microwave, DW), large 2 car garage, vinyl siding, well maintained. Custom built-in entertainment center and custom 2 in. blinds throughout. 15 min. to Hendersonville and Brevard. Call Eva at 551-5680.

Apartment for Rent: Basement level efficiency in East Canton. 1 BR, living room, eat-in kitchen, \$325/mo. plus utilities, water furnished. 828-231-8533 or 828-665-1161.

Farmhouse for Rent: 1920's farmhouse on 1 acre in desirable Fairview. 2BR/1BA +bonus room and mudroom with washer/dryer. Oil heat plus new wood burning stove, hardwood floors, grapevine, 2 peach trees. Pets negotiable with pet deposit. Fully equipped kitchen. Call Kristi @ 275-7608.

Household

Sony Vaio Laptop Computer: VGN-FE855E/H. Was purchased 6-15-07 at Best Buy. Still have receipt. In like new condition and has been used very little. It comes with a 1 yr. manufacture warranty and a 2 yr. extended warranty that was purchased separately for \$279.99. Some features include Windows Vista Operating System, Intel Core 2 Duo Processor, system memory 1GB, Hard Drive Memory 120GB, Optical drive with DVD+-RW, 15.4 in. LCD screen. Total retail value \$1300. Asking \$800. 713-6716.

Buck Wood Burning Stove: Double-walled with blower. Used very little \$350. Call 828-670-6601 before 8:00 PM.

Miscellaneous

eTrex Vista Cx (hiking companion) color hand held. Includes: electronic compass, barometric altimeter for accurate heading and elevation data, color maps, accepts micro SD card, USB port interface, waterproof, routing capability, for trails and roads, perfect for geocache. \$200 OBO. 8128-684-3454.

Orthoflex Saddle 16" endurance, leather Orthoflex halter-bridle, reins, booties and girth. Excellent condition. \$1800. Shipping boots: \$15, Tall, metal rack for 3 saddles \$60. 828-684-3454.

Fundraiser: Please join us at 790 Fairview Rd. in Oakley, Sat., Oct. 13th from 7 am – 3 pm to raise funds for a 20 yr-old involved in a devastating motorcycle accident a month ago. The first fund-raiser collected over \$2000 for the young man's mother to assist in his care. Let's double that Oct. 13th. Bill is the organizer of this event and will accept donations (to sell and monetary donations) before and during the event. Bill can be reached @ 274-3445. Please come and reach out to a Mission patient in the community.

Weber Kettle Charcoal Grill: Like new condition. 370 sq. in. surface area. Complete with cover and 2/3 large bag of good quality hardwood charcoal. Only \$40. Call 255-2633.

Help me find my missing stethoscope please. Littmann Master Cardiology maroon in color, name engraved on bell, Susan Worley. Last seen in CVICU/CVRU. 828-492-0211.

Rummage Sale: Saturday, Oct. 13th 8 AM – Noon, Woodvale Ave. Cul-de-Sac, North Asheville. Multiple families will be donating items for this huge rummage sale. All proceeds will benefit Paws with a Purpose, a non-profit organization that provides pet therapy services to individuals of all ages with physical, social, emotional and cognitive needs in healthcare facilities and educational programs. Visit us on the web at www.pawswithapurpose.org.

Huge Yard Sale: A yard sale will be located 5, 9 Westmont Dr. and the rest of our neighbors will be having a yard sale on Oct. 6 at 7 AM to 3 PM. Baby clothes, furniture, coats, shoes, clothes, and many more. Rain or shine. Directions: New Leicester Highway, right on Mt. Carmel Rd, at Super Ingles for .7 miles on Davyln Dr., right on Tipperary Dr., becomes Mt. Carmel, left on Westmont Dr., houses on right.

Looking to purchase a Fisher Price Power Wheels or Peg Perego battery operated ride on. Must be in good, clean, working condition. Leicester area. You may call my cell phone and if no answer please leave a message. Michelle @ 712-9658.

Work bench with two sturdy saw horses. \$100. 280-2623.

Pets

Quarter Horse: Buckskin mare, 12 yr. old, gentle, kid-broke, 14 hands. Excellent horse for kids or inexperienced lady riders. \$1500. Please call 665-2025 or 667-1300.

Handsome Basenji Mix: looking for a family: Acadian is a 3 yr. old Bansenji/Australian Shepherd mix who is actually an original rescue from Hurricane Katrina. He has lived happily with a foster dog for several months and has proven that he does well with other dogs. Acadian is the kind of dog that everyone can appreciate, a true companion. He is a medium sized dog with very striking reddish-brown and white coloring. He is obedient and well acclimated. Acadian cannot be with cats, but he loves children and enjoys their play time together. Acadian is one in a million and deserves a great family at any size to love and be loved. His adoption fee includes his neuter, vaccines, microchip, testing, free post-adoption vet exam and one month of veterinary care insurance. To see his profile, please visit www.animalcompassionnetwork.org. If you are interested in adding this great guy to your family, please contact annbarr@yahoo.com or 687-9874.

Kittens available beginning Nov. 2. 2 black/white girls, 1 black and 1 grey boys. Call 298-5705 for info.

Services

House Cleaning: Any day Mon-Thurs. General house cleaning. Great references. Very trustworthy. Cell 712-3042.

Recreation

1960s Phoenix Camper Trailer: 15 ft. long, 7 ft. wide, white and turquoise. Turquoise sink and gas stove. Bought to restore, never camped in, tows well. Will sell as is for \$2000. Includes new retro fabric to cover cushions (cushions in great condition though). All original birch cabinetry in great condition. All windows work, comes with AC unit, mini fridge and microwave. Hate to sell, but need the money. After 5pm: Melissa 231-6333.

Kaleidoscope

Welcome New Staff Members!

Diangela Brock, RN	8Neuro/Diab/AMed
Teresa Honeycutt	AMed Service Line
Samantha Robertson	Children's Dental
Vincent McGahan	Copestone
Linda Thompson	Copestone
Robin Settlemyre	CS&D
Daniel Voth, RN Intern	CVPC
Brandy Robbs, RN	Emergency Dept.
Eileen Wyatt	Emergency Dept.
Randy Justice	Environ. Svcs.
Gail LaFrance	Environ. Svcs.
Malinda McDevitt	Environ. Svcs.
Okebra Arrington	Food & Nutrition
Samuel Holloway	Food & Nutrition
Diane Moore	Food & Nutrition
Rebecca Daniels, RN	General Medicine
Cathey Grant	Health Info. Mgmt.
Randy Grindstaff	Health Info Mgmt.
Andrea Fernandez	Laboratory
Gayle Becker	Laboratory
Debra Stevenson	Laboratory
Heather Gregory	Maternal Fetal Medicine
Megan Beach	MCS&D
Marie Thomas, EMT I	Mitchell EMS
Andrea Bergeron	Pediatrics
Nicole Rule	Rehabilitation Svcs.
Jennifer Burroughs	Scheduling
Richard Schneider	Sterile Processing
Myra Scott	Sterile Processing
Susan Storm	Wound Center

In Sympathy

The Mission Family extends its sincere sympathy to staff members and volunteers who have recently lost loved ones.

Tina Queen of Nuclear Medicine recently lost her mother, Nell Teague, and her niece's husband, Jody Caraway.

If you or a co-worker has experienced the death of a loved one, and you would like to have it posted in Scope, please first contact Sr. Carmen Cruz in Chaplaincy Services.

New Day for Tai Chi

The 8-week series of Tai Chi will now be offered on Tuesdays with a beginner's class at 9:40 and an intermediate class at 10:45. Classes are held at the Women's Resource Center. Cost is \$50 for Mission staff, volunteers and Golden Care members: \$50. Call 213-2222 to register.

"Raise Your Hand" for WNCAP

On Saturday, October 27, the Western North Carolina AIDS Project (WNCAP) will hold its' annual "Raise Your Hand" dinner and auction at the historic Grove Park Inn & Spa.

Since 1986, WNCAP has worked to prevent the spread of HIV/AIDS through their education and prevention outreach programs in 19 counties of Western North Carolina, while improving the lives of area men, women and children affected by AIDS.

This year's event has been restructured to allow more time for entertainment after both

the Silent and Live Auctions are completed. The festivities get underway beginning at 6 p.m. with the hospitality hour, silent auction and a plated dinner. The live auction will begin at 8 p.m. Artwork from the area's most celebrated artists, travel packages, vacation homes and catered dinners in your home are just a few of the reasons that this will be a sold out event.

Ticket prices are \$75 and \$125. There will be an After Party immediately following the live auction, featuring crowd favorite Ms. Kat Williams as headliner. Advance reservations are strongly suggested. If you would like to make reservations, donate objects d'art or other items of interest, please call WNCAP at 252-7489 X25. Or visit the web site at www.wncap.org for a preview of selected items for auction or to download a reservation form. Reservations may also be made at Malaprops Bookstore and Café beginning October 7.

Join the Clowns and Find "Your Inner Red Nose!"

Classes in the fundamentals of clowning are being offered by Kabookee the Clown, formerly coordinator for The Health Adventure Clown Troupe, and Associates. You will find your own character, costuming and "special" face during evening sessions in FUN and FOOLishness!

Classes are offered Tuesday evenings from 6:30 - 9 p.m. on October 9, 16, 23, 30, November 6 with graduation on November 20 at the American Red Cross, 100 Edgewood Road in Asheville. Call or e-mail Morgana Morgaine for details at 277-9504; morgainem@bellsouth.net.

Hypnotherapy Certification Training Classes

Certification through the International Medical and Dental Hypnotherapy Association. Classes will be held October 19 - 21 and November 2 - 4 at A-B Tech. Call 828-280-2623 to register and for more information.

MANNA FoodBank Needs Volunteers

MANNA FoodBank is seeking volunteers to help in a variety of special ways to meet the growing needs of our WNC community. Volunteers of all ages and abilities can make a meaningful contribution to MANNA by helping with:

- food stamp outreach;
- the MANNAbundance Backpack Program for children;
- meeting and greeting visitors and partner agencies in our front office;
- representing MANNA in the community through our Speaker's Bureau, or
- participating in a new, vibrant food drive committee.

If you are interested in joining MANNA in the work of ending hunger, please call Karen Etheredge, Special Events & Volunteer Coordinator, 299-3663 x232. Karen is available and happy to speak with your group, as well.

Alzheimer's Fall Conference

The Alzheimer's Association will hold its 23rd Annual Fall Education Conference on Thursday, November 1 from 8:30 until 4 p.m. at Lake Junaluska. CEUs are available. For information call 254-7363.

CAPES Presentation

Caring for Aging Parents Education and Support Program (CAPES) will present "Getting the Help You Need," a panel discussion, on Monday, November 5 from 5:30 until 7 p.m. at the Women's Resource Center. There is no charge. For information, call 213-4542.

CAPES also sponsors a monthly support group for anyone caring for or concerned about an aging parent. There is no charge to attend these meetings, which are held the third Monday of the month from 5 - 6:30 p.m. at the Women's Resource Center. For information, call 277-8288.

Great Scot!

Mission's own music therapist and Celtic harpist, **Billy Jackson**, will join the Asheville Symphony for a salute to Scotland and its music October 20 at Thomas Wolfe Auditorium. For tickets call 254-7046 or go online at www.ashevillesymphony.org

MISSION HEALTH
scope

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The deadline for the next Scope is October 8 for an October 19 distribution. If you have a story idea, department news or an important announcement to share, send it to Scope at jprchd@msj.org.

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